



OATLANDS SCHOOL

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Head Teacher: Tanya Mooney

Living our Values, Learning for Life



Dear Parents/Carers

We would like to inform you that we have taken the decision to make Oatlands a nut-free school due to the medical needs of a number of our new pupils.

People who suffer from nut allergies can develop a severe, potentially life-threatening allergic reaction. In some cases it is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties). We have first aid staff in the school who are trained to use automatic adrenalin injector pens (Epi-pen, Jext Pen etc) which are required immediately in these circumstances.

Please can we ask that your child has no nut products in their lunch boxes or as a snack for OSCAR club.

For example:

- Peanut butter sandwiches/cakes
- Chocolate/Hazelnut spreads
- Cereal/granola bars
- Cakes that contain nuts
- Biscuits / Cookies that contain nuts
- Products in sauces that may contain nuts – Pesto, Satay etc

This list is not exhaustive so please check the packaging of products closely. We appreciate that this is an additional thing to consider but I am sure you understand that the safety of our pupils is of the utmost importance.

If you have any questions, please do not hesitate to come and speak to me,

Yours sincerely

Mrs Mooney