

Going to the toilet



At school the toilets are a little different to the ones at home. They are more like the toilets you might use when you are out in a shopping centre or at in a cafe. There are separate toilets for girls and boys and they are just the right size for someone your age to use easily. Have a look at the pictures below so you know what to expect.



Now you are in a class with lots of other children, it is really important that you remember to ask your teacher, or another grown-up, in your classroom if you need to go to the toilet using a big, loud, confident voice. Don't wait for them to ask you if you need to go to the toilet because they might not ask at the right time. Practice using the toilet and washing your hands all by yourself at home over the summer as there will not always be a grown-up available to go with you to the toilet at school.

Sometimes though, accidents happen so make sure whoever helps you get ready for school in the morning puts a spare pair of pants or knickers in your book bag, just in case you need to change!